

Meal Times

Breakfast Served
6:00-10:00 am


Lunch Served
at 11:30

Dinner Served
at 4:30

Food as Fuel! Month

"To eat is a necessity, but to eat intelligently is an art."

- François de La Rochefoucauld

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Dimensions of Wellbeing	<p>Happy Birthday!</p> <p>Barbara August 1st Charlotte August 11th Virginia August 15th Jeanine August 23rd Karen August 23rd</p> 			1	2	3
Emotional				9:30 Exercise	9:30 Exercise	9:30 Exercise
Spiritual				10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Cognitive/Intellectual				10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
Social				12:00 Documentary	12:00 Documentary	12:00 Documentary
Physical				1:15 Happy birthday Party!	1:30 Outdoor water fun!	1:15 Bingo
4	5	6	7	8	9	10
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Aroma Therapy and hand massages	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	12:00 Documentary	12:00 Documentary	10:30 Resident Council	12:00 Documentary	12:00 Documentary	12:00 Documentary
1:15 Bingo	12:00 Documentary	1:15 Root Beer Floats !	12:00 Matinee Movie	1:15 One on Ones	1:30 White Board Games	1:15 Bingo
2:00 Snacks and group roundtable	1:15 One on Ones	2:00 Bingo	1:30 White Board Games	2:00 Group Table Games	2:00 Art Crafts	2:00 Water Color
3:00 Gardening Club	2:00 Donuts & Coffee	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	2:30 Walk for ice cream	3:00 Dominos
5:00 Evening Movie	3:00 Group Roundtable	3:30 Sorting Bins	2:10 Bingo	4:00 Card games	3:30 Fancy Nails	4:00 Sorting Bins
	5:00 Evening Movie	5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Aroma Therapy and hand massages	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary		12:00 Matinee Movie	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary

1:15 Bingo	12:00 Matinee Movie	1:15 Hangman	1:15 Puzzles and Coloring	1:15 One on Ones	1:30 White Board Games	1:15 Bingo
2:00 Watermelon day !	1:15 One on Ones	2:00 Bingo	1:30 White Board Games	2:00 Sour Candy Day	2:30 Art Crafts	2:00 Water Color
3:00 Gardening Club	2:00 Donuts & Coffee	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	3:30 Fancy Nails	3:00 Dominos
5:00 Evening Movie	3:00 Group Roundtable	3:30 Sorting Bins	2:10 Bingo	4:00 Card games	4:00 Great women in History	4:00 Sorting Bins
	5:00 Evening Movie	5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie
			5:00 Evening Movie			
18	19	20	21	22	23	24
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Aroma Therapy and hand massages	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	hand massages	12:00 Matinee Movie	12:00 Documentary	12:00 Matinee Movie	12:00 Documentary	12:00 Documentary
1:15 Bingo	12:00 Matinee Movie	1:15 Hangman	1:15 Puzzles and Coloring	1:15 One on Ones	1:30 Sports Social	1:15 Bingo
2:00 Snacks and group roundtable	1:15 One on Ones	2:00 Bingo	1:30Cooking Demo	2:00 Group Table Games	2:00 Art Crafts	2:00 Water Color
3:00 Gardening Club	2:00 Donuts & Coffee	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00Bingo	2:30 Walk for ice cream	3:00 Dominos
5:00 Evening Movie	3:00 Group Roundtable	3:30 Sorting Bins	2:10 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
	5:00 Evening Movie	5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	
25	26	27	28	29	30	31
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Aroma Therapy and hand massages	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	hand massages	12:00 Matinee Movie	12:00 Documentary	12:00 Matinee Movie	12:00 Documentary	12:00 Documentary
1:15 Bingo	12:00 Matinee Movie	1:15 Hangman	1:15 Puzzles and Coloring	1:15 One on Ones	1:30 White Board Games	1:15 Bingo
2:00 Snacks and group roundtable	1:15 One on Ones	2:00 Bingo	1:30 White Board Games	2:00 Karoke at Wheatland	2:00 Art Crafts	2:00 Water Color
3:00 Gardening Club	2:00 Donuts & Coffee	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00Bingo	2:30 Walk for ice cream	3:00 Dominos
5:00 Evening Movie	3:00 Group Roundtable	3:30 Sorting Bins	2:00 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
	5:00 Evening Movie	5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	