

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# January 2025 Royal Anne

10610 SE Clay St. Portland, OR 97216

**Location Key: AS- Art Studio, BR- Board Room, CR- Community Room, FR- Fire place Room, DR- Dining Room, CH- Chapel, MT- Movie Theater, VSG- Village Square Green, P- Patio**

**RED- Presentations and Crafts**

**BLUE- Performances and Excursions**

<p>11:00 Church Services (CH) <b>5</b> 2:30 <i>Matinee Movie: Dumplin' (MT)</i> 3:00 Trivia (FR) 3:45 Fireplace Movie (FR) 4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p>10:00 Dominos (FR) <b>6</b> 10:00 Chair Yoga w/ Lisa (CR) 10:30 Seated Volleyball (FR) <b>12:30 Craft 'Snowy Owls' w/ Gwyn - (FR)</b> 2:00 Finish the Phrase (FR) 3:00 Brain Games (FR) 3:30 Wii Bowling (FR) 4:00 Giant Jenga (FR) 5:00 Carlos's Choice FP Movie (FR)</p>	<p>9:00 One on Ones <b>7</b> 10:00 Words in Words (FR) 10:45 Seated Exercise Class (FR) 11:00 Blood Pressure Check w/ Age Right (MT) 11:15 Uno Card Game (FR) 1:00 Ladies Bible Study (CR) 2:00 Trivia (DR) 2:30 Bingo (DR) 3:45 Pictionary (FR) 5:00 Fireplace Movie (FR)</p>	<p>10:00 Music We Love (FR) <b>1</b> 10:45 Seated Exercise Class (FR) 11:00 Docuseries: The Mind, Explained Ep. 1 (MT) 11:30 Icebreakers (FR) 1:30 Balloon Toss (FR) 1:30 Midweek Pick Me Up w/ C.Dennis (CH) 2:00 Painting with Brian (CR) 3:15 Beginner Wii Bowling (FR) 5:00 Fireplace Movie (FR) 7:00 Midweek Devotional Service (CH)</p>	<p>9:00 One on Ones <b>2</b> 10:00 Categories (FR) 10:45 Seated Exercise Class (FR) 11:30 Brain Games (FR) 1:00 Sight Loss Discussion Group (AS) 1:30 Women's Discussion Group (CR) 2:30 Bingo (DR) 3:45 'Shut the Box' Game (FR) 5:00 Tony's Choice FP Movie (FR)</p>	<p><b>10:00 Excursion: Trader Joe's (Sign up 2nd floor RA Vitality, \$ needed)</b> <b>3</b> 10:30 Prayer Meeting (CH) 10:45 Seated Exercise Class (FR) 11:00 Standing Balance / Stretch Class (CR) 12:00 General Store (DR) <b>12:45 Scenic Drive (sign up)</b> <b>2:30 Performance w/ Music We Remember (DR)</b> 3:45 Wii Bowling (FR) 5:00 Fireplace Movie (FR)</p>	<p>Activity Packets <b>4</b> 11:00 Church Service (CH) 1:00 Beginners Wii Sports (FR) 3:45 Fireplace Movie (FR) 4:00 One on One Visits</p>
<p>11:00 Church Services (CH) <b>5</b> 2:30 <i>Matinee Movie: Dumplin' (MT)</i> 3:00 Trivia (FR) 3:45 Fireplace Movie (FR) 4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p>10:00 Dominos (FR) <b>6</b> 10:00 Chair Yoga w/ Lisa (CR) 10:30 Seated Volleyball (FR) <b>12:30 Craft 'Snowy Owls' w/ Gwyn - (FR)</b> 2:00 Finish the Phrase (FR) 3:00 Brain Games (FR) 3:30 Wii Bowling (FR) 4:00 Giant Jenga (FR) 5:00 Carlos's Choice FP Movie (FR)</p>	<p>9:00 One on Ones <b>7</b> 10:00 Words in Words (FR) 10:45 Seated Exercise Class (FR) 11:00 Blood Pressure Check w/ Age Right (MT) 11:15 Uno Card Game (FR) 1:00 Ladies Bible Study (CR) 2:00 Trivia (DR) 2:30 Bingo (DR) 3:45 Pictionary (FR) 5:00 Fireplace Movie (FR)</p>	<p>10:00 Music We Love (FR) <b>8</b> 10:45 Seated Exercise Class (FR) 11:00 Docuseries: The Mind, Explained Ep. 2 (MT) 11:30 Ice Breakers (FR) <b>1:00 "Hot Spots Volcanoes" w/ Dr. Roy Torley (BR)</b> 1:30 Midweek Pick Me Up w/C. Dennis (CH) 3:15 Beginner Wii Bowling (FR) 5:00 Fireplace Movie (FR) 7:00 Midweek Devotional Service (CH)</p>	<p>9:00 One on Ones <b>9</b> 10:00 Categories (FR) 10:30 Lutheran Worship Service (CH) 10:45 Seated Exercise Class (FR) 11:30 Brain Games (FR) <b>1:30 Social- Haiku and You (FR)</b> 1:30 Women's Discussion Group (CR) 2:30 Bingo (DR) 3:00 Nadya's Community Choir (CH) 3:45 LOL- Laugh Out Loud (FR) 5:00 Tony's Choice FP Movie (FR)</p>	<p>10:00 One on Ones <b>10</b> 10:30 Prayer Meeting (CH) 10:45 Seated Exercise Class (FR) 12:00 Catholic Mass (CH) 12:00 General Store (DR) <b>12:45 Scenic Drive (sign up)</b> <b>2:30 Performance w/ Kyle Lewis (DR)</b> 3:45 Wii Bowling (FR) 5:00 Fireplace Movie (FR)</p>	<p>Activity Packets <b>11</b> 11:00 Church Service (CH) 1:00 Boggle- Word Game (FR) 2:30 Sing Along w/ C. Dennis (FR) 3:45 Fireplace Movie (FR) 4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>12</b> 2:30 <i>Matinee Movie: The Hill (MT)</i> 3:00 This or That (FR) 3:45 Fireplace Movie (FR) 4:00 1 on 1 Walkabout w/ Staff (Sign up in the Vitality office)</p>	<p>10:00 Dominos (FR) <b>13</b> 10:00 Tai Chi (CR) 10:30 Seated Volleyball (FR) <b>12:30 Craft 'Shadow Boxes' w/Gwyn - (FR)</b> 2:00 Finish the Phrase (FR) 3:00 Brain Games (FR) 3:30 Wii Bowling (FR) 4:00 Family Feud (FR) 5:00 Carlos's Choice FP Movie (FR)</p>	<p>9:00 One on Ones <b>14</b> 10:00 Words in Words (FR) 10:45 Seated Exercise Class (FR) 11:15 Rummikub(FR) 1:00 Ladies Bible Study (CR) 2:00 Trivia (DR) 2:30 Bingo (DR) 3:45 Pictionary (FR) 5:00 Fireplace Movie (FR)</p>	<p>10:00 Music We Love (FR) <b>15</b> 10:45 Seated Exercise Class (FR) 11:00 Docuseries: The Mind, Explained Ep. 3 (MT) 11:30 Icebreakers (FR) 1:30 Scattergories (FR) 1:30 Midweek Pick Me Up w/ C. Dennis (CH) <b>2:30 RA Town Hall (DR)</b> 3:30 Beginner Wii Bowling (FR) 5:00 Fireplace Movie (FR) 7:00 Midweek Devotional Service (CH)</p>	<p>9:00 One on Ones <b>16</b> 10:00 Categories (FR) 10:45 Seated Exercise Class (FR) 11:30 Brain Games (FR) <b>1:00 Armchair Travel "Costa Rica" w/ Barb (FR)</b> 1:30 Women's Discussion Group (CR) 2:30 Bingo (DR) 3:45 'Shut the Box' Game (FR) 5:00 Tony's Choice FP Movie (FR)</p>	<p><b>10:00 Oregon Historical Society Museum- Arlene Schnitzer Art Collection (\$sign ups required)</b> <b>17</b> 10:30 Prayer Meeting (CH) 11:00 Seated Balance/ Stretch Class (FR) 12:00 General Store (DR) <b>12:45 Scenic Drive (sign up)</b> <b>2:30 Performance w/ Ted Horwitz (DR)</b> 3:45 Wii Bowling (FR) 5:00 Fireplace Movie (FR)</p>	<p>Activity Packets <b>18</b> 11:00 Church Service (CH) 1:00 Beginners Wii Sports (FR) 1:15 Giant Jenga (FR) 3:00 Apples to Apples (FR) 3:45 Fireplace Movie (FR) 4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>19</b> 2:30 <i>Matinee Movie: RV (MT)</i> 3:00 Trivia (FR) 3:45 Fireplace Movie (FR) 4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p>10:00 Chair Yoga w/ Lisa (CR) <b>20</b> 10:00 Dominos(FR) 10:30 Seated Volleyball (FR) <b>12:30 'Drawing Class' w/ Gwyn - (FR)</b> <b>2:00 Social- Meet Your Neighbors (FR)</b> 3:00 Brain Games 3:30 Wii Bowling (FR) 4:00 Giant Jenga (FR) 5:00 Carlos's Choice FP Movie (FR)</p>	<p>9:00 One on Ones <b>21</b> 10:00 Words in Words(FR) 10:45 Seated Exercise Class (FR) 11:00 Blood Pressure Check w/ Age Right (MT) 11:15 Uno Card Game (FR) 1:00 Ladies Bible Study (CR) 2:00 Trivia (DR) 2:30 Bingo (DR) 3:45 Pictionary (FR) 5:00 Fireplace Movie (FR)</p>	<p>10:00 Music We Love (FR) <b>22</b> 10:45 Seated Exercise Class (FR) 11:00 Docuseries: The Mind, Explained Ep. 4 (MT) 11:30 One on Ones (FR) 11:30 Icebreakers (FR) 1:30 Balloon Toss (FR) 1:30 Midweek Pick Me Up (CH) 3:30 Beginner Wii Bowling (FR) 5:00 Fireplace Movie (FR) 7:00 Midweek Devotional Service (CH)</p>	<p>9:00 One on Ones <b>23</b> 10:00 Categories (FR) 10:45 Seated Exercise Class (FR) 11:30 Brain Games (FR) <b>1:00 AgeRight Presentation: Exploring Risks Factors for Fall Prevention (BR)(BR)</b> 1:30 Women's Discussion Group (CR) 2:30 Bingo (DR) 3:45 LOL- Laugh Out Loud (FR) 5:00 Tony's Choice FP Movie (FR)</p>	<p>10:30 Prayer Meeting (CH) <b>24</b> 10:45 Seated Exercise Class (FR) 12:00 Catholic Communion (CH) 12:00 General Store (DR) <b>12:45 Scenic Drive (sign up)</b> 1:00 Tech w/ Oliver (sign up) (AS) <b>2:30 Performance w/ Gordon Herman (DR)</b> 3:45 Wii Bowling (FR) 5:00 Fireplace Movie (FR)</p>	<p>Activity Packets <b>25</b> 11:00 Church Service (CH) <b>1:00 Craft w/ Barb and Gwyn (FR)</b> 3:00 Karaoke/ Sing Along (FR) 3:45 Fireplace Movie (FR) 4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>26</b> 2:30 <i>Matinee Movie: Hack Your Health-Secrets of the Gut Documentary (MT)</i> 3:00 This or That (FR) 3:45 Fireplace Movie (FR) 4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p>10:00 Dominos (FR) <b>27</b> 10:00 Tai Chi (CR) 10:30 Seated Volleyball (FR) <b>12:30 Craft 'Bamboo &amp; Panda' w/ Gwyn - (FR)</b> <b>1:00 Gordon Herman Presentation (CR)</b> <b>2:00 Short Story Readings w/ Mary (FR)</b> 3:00 Finish the Phrase (FR) 3:30 Wii Bowling (FR) 4:00 Family Feud (FR) 5:00 Carlos's Choice FP Movie (FR)</p>	<p>9:00 One on Ones <b>28</b> 10:00 Words in Words (FR) 10:45 Seated Exercise Class (FR) 11:15 Rummikub (FR) 1:00 Ladies Bible Study (CR) 2:00 Trivia (DR) 2:30 Bingo (DR) 3:45 Pictionary (FR) 5:00 Fireplace Movie (FR)</p>	<p>10:00 Music We Love (FR) <b>29</b> 10:45 Seated Exercise Class (FR) 11:00 Docuseries: The Mind, Explained Ep. 5 (MT) 11:30 Icebreakers (FR) 1:30 Balloon Toss (FR) 1:30 Midweek Pick Me Up w/ C.Dennis (CH) 2:00 Painting with Brian (CR) 3:15 Beginner Wii Bowling (FR) 5:00 Fireplace Movie (FR) 7:00 Midweek Devotional Service (CH)</p>	<p>9:00 One on Ones <b>30</b> 10:00 Categories (FR) 10:45 Seated Exercise Class (FR) 11:30 Brain Games (FR) 1:00 Sight Loss Discussion Group (AS) 1:30 Women's Discussion Group (CR) 2:30 Bingo (DR) 3:00 Nadya's Community Choir (CH) 3:45 'Shut the Box' Game (FR) 5:00 Tony's Choice FP Movie (FR)</p>	<p><b>10:00 Excursion: Breakfast Club (sign up/\$)</b> <b>31</b> 10:30 Prayer Meeting (CH) 10:45 Seated Exercise Class (FR) 12:00 Catholic Mass (CH) 12:00 General Store (DR) <b>12:45 Scenic Drive (sign up)</b> <b>2:30 Performance w/ Mollie Paige (DR)</b> 3:45 Wii Bowling (FR) 5:00 Fireplace Movie (FR)</p>	 <p><b>CHERRYWOOD VILLAGE</b> A GENERATIONS COMMUNITY</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.