

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# NOVEMBER 2024



## CHERRYWOOD VILLAGE

A GENERATIONS COMMUNITY

# ROYAL ANNE

10610 SE Clay St. Portland, OR 97216

RED- Presentations and Crafts

BLUE- Performance and Excursions

Location Key: AS- Art Studio, BR- Board Room, CR- Community Room, FR- Fireplace Room, DR- Dining Room, CH- Chapel, MT- Movie Theater, VSG- Village Square Green, P- Patio

<p>11:00 Church Services (CH) <b>3</b>  2:30 <i>Matinee Movie: Apollo 13: Survival (MT)</i>  3:00 Irritable Vowels (FR)  3:45 Fireplace Movie (FR)  4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p><b>4</b>  10:00 Dominos (FR)  10:30 Seated Volleyball (FR)  <b>12:30 Craft w/ Gwyn 'Focus on Seurat and Pointillism' (FR)</b>  2:00 Finish the Phrase (FR)  3:00 Brain Games (FR)  3:30 Wii Bowling (FR)  4:15 Giant Jenga (FR)  5:00 Carlos's Choice FP Movie (FR)</p>	<p><b>5</b>  9:00 One on Ones  10:00 Words in Words (FR)  10:45 Seated Exercise Class (FR)  11:00 Blood Pressure Check w/ Age Right (MT)  11:15 Uno Card Game (FR)  1:00 Ladies Bible Study (CR)  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  2:00 Trivia (DR)  2:30 Bingo (DR)  3:45 Pictionary (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>6</b>  10:00 Music We Love (FR)  10:45 Seated Exercise Class (FR)  11:00 Docuseries: 'Daughters of Destiny' ep.1 (MT)  11:30 Icebreakers (FR)  1:00 Balloon Toss (FR)  1:30 Midweek Pick Me Up w/ C.Dennis (CH)  2:00 Painting with Brian (CR)  3:15 Beginner Wii Bowling (FR)  5:00 Fireplace Movie (FR)  7:00 Midweek Devotional Service (CH)</p>	<p><b>7</b>  9:00 One on Ones  10:00 Categories (FR)  10:45 Seated Exercise Class (FR)  11:30 Brain Games (FR)  12:00 Women's Discussion Group (CR)  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  1:00 Sight Loss Discussion Group (AS)  2:30 Bingo (DR)  3:45 'Shut the Box' Game (FR)  5:00 Tony's Choice FP Movie (FR)</p>	<p><b>8</b>  10:00 1 on 1 Walkabout w/ Staff  10:30 Prayer Meeting (CH)  10:45 Seated Exercise Class (FR)  12:00 Catholic Mass (CH)  12:00 General Store (DR)  <b>12:45 Scenic Drive (sign up)</b>  <b>2:30 Popcorn on the Go! (DR)</b>  3:45 Wii Bowling (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>9</b>  Activity Packets  11:00 Church Service (CH)  1:00 Boggle- Word Game (FR)  3:00 Karaoke/ Sing Along (FR)  3:45 Fireplace Movie (FR)  4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>10</b>  2:30 <i>Matinee Movie: Midway (1976) (MT)</i>  3:00 This or That (FR)  3:45 Fireplace Movie (FR)  4:00 1 on 1 Walkabout w/ Staff (Sign up in the Vitality office)</p>	<p><b>VETERAN'S DAY 11</b>  10:00 Dominos (FR)  10:00 Tai Chi (CR)  10:30 Seated Volleyball (FR)  <b>12:30 Craft w/Gwyn 'Poppy Collage' (FR)</b>  <b>2:30 Veteran's Day Roll Call (DR)</b>  3:30 Wii Bowling (FR)  4:00 Family Feud (FR)  5:00 Carlos's Choice FP Movie (FR)</p>	<p><b>12</b>  9:00 One on Ones  10:00 Words in Words (FR)  10:45 Seated Exercise Class (FR)  11:15 Uno Card Game (FR)  1:00 Ladies Bible Study (CR)  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  2:00 Trivia (DR)  2:30 Bingo (DR)  3:45 Pictionary (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>13</b>  10:00 Music We Love (FR)  10:45 Seated Exercise Class (FR)  11:00 Docuseries: 'Daughters of Destiny' ep. 2 (MT)  11:30 Ice Breakers (FR)  <b>1:00 Craft- w/ Barb 'It's For the Birds' (FR)</b>  1:30 Midweek Pick Me Up w/C. Dennis (CH)  3:15 Beginner Wii Bowling (FR)  5:00 Fireplace Movie (FR)  7:00 Midweek Devotional Service (CH)</p>	<p><b>14</b>  9:00 One on Ones  10:00 Categories (FR)  10:30 Lutheran Worship Service (CH)  10:45 Seated Exercise Class (FR)  11:30 Brain Games (FR)  <b>1:00 Autumn Poetry Reading (FR)</b>  2:00 Women's Discussion Group (CR)  2:30 Bingo (DR)  3:45 LOL- Laugh Out Loud (FR)  5:00 Tony's Choice FP Movie (FR)</p>	<p><b>15</b>  10:30 Prayer Meeting (CH)  <b>10:30 Harvest Festival (BR &amp; FR)</b>  11:00 Seated Balance/ Stretch Class (FR)  12:00 General Store (DR)  <b>12:45 Scenic Drive (sign up)</b>  <b>2:30 Performance w/ Larry Wilder (DR)</b>  3:45 Wii Bowling (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>16</b>  Activity Packets  11:00 Church Service (CH)  1:00 Trivia W/ Dick Lutz (FR)  1:00 Apples to Apples (FR)  3:45 Fireplace Movie (FR)  4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>17</b>  2:30 <i>Matinee Movie: Judy (MT)</i>  3:00 Irritable Vowels (FR)  3:45 Fireplace Movie (FR)  4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p><b>18</b>  10:00 Chair Yoga w/ Lisa (CR)  10:00 Dominos(FR)  10:30 Seated Volleyball (FR)  <b>12:30 Craft w/ Gwyn 'Thanksgiving Creations' (FR)</b>  <b>1:00 AgeStrong-MindStrong/ Brain Health (BR)</b>  <b>2:00 Fall Social - Hot Apple Cider and Donuts(FR)</b>  3:00 Brain Games  3:30 Wii Bowling (FR)  4:00 Giant Jenga (FR)  5:00 Carlos's Choice FP Movie (FR)</p>	<p><b>19</b>  9:00 One on Ones  10:00 Words in Words(FR)  10:45 Seated Exercise Class (FR)  11:00 Blood Pressure Check w/ Age Right (MT)  11:30 Uno Card Game (FR)  <b>1:00 Nutrition w/ Paul Damazo (BR)</b>  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  1:00 Ladies Bible Study (CR)  2:00 Trivia (DR)  2:30 Bingo (DR)  3:45 Pictionary (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>20</b>  10:00 Music We Love (FR)  10:45 Seated Exercise Class (FR)  11:00 Docuseries: 'Daughters of Destiny' ep.3 (MT)  11:30 Icebreakers(FR)  1:00 Scattergories (FR)  1:30 Midweek Pick Me Up w/ C. Dennis (CH)  <b>2:30 RA Town Hall (DR)</b>  3:30 Beginner Wii Bowling (FR)  5:00 Fireplace Movie (FR)  7:00 Midweek Devotional Service (CH)</p>	<p><b>21</b>  9:00 One on Ones  10:00 Categories (FR)  10:45 Seated Exercise Class (FR)  11:30 Brain Games (FR)  <b>1:00 Armchair Travel w/ Barb to the Canary Islands (FR)</b>  1:30 Women's Discussion Group (CR)  2:00 Matinee Movie: 'The Miracle Club' (MT)  2:30 Bingo (DR)  3:45 'Shut the Box' Game (FR)  5:00 Tony's Choice FP Movie (FR)</p>	<p><b>22</b>  <b>10:00 Excursion: Breakfast Club (sign up/\$)</b>  10:30 Prayer Meeting (CH)  10:45 Seated Exercise Class (FR)  12:00 Catholic Communion (CH)  12:00 General Store (DR)  <b>12:45 Scenic Drive (sign up)</b>  1:00 Tech w/ Oliver (AS)  <b>2:30 Popcorn on the GO! (DR)</b>  3:45 Wii Bowling (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>23</b>  Activity Packets  11:00 Church Service (CH)  1:00 Boggle- Word Game (FR)  3:00 Karaoke/ Sing Along (FR)  3:45 Fireplace Movie (FR)  4:00 One on One Visits</p>
<p>11:00 Church Service (CH) <b>24</b>  2:30 <i>Matinee Movie: Freud's Last Session(MT)</i>  3:00 This or That (FR)  3:45 Fireplace Movie (FR)  4:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)</p>	<p><b>25</b>  10:00 Dominos (FR)  10:30 Seated Volleyball (FR)  <b>12:30 Craft w/ Gwyn 'Fall Bookmark Project' (FR)</b>  <b>1:00 History of Fred Astaire w/ Gordon Herman (BR)</b>  <b>2:00 Short Story Readings About Gratitude w/ Mary (FR)</b>  3:00 Finish the Phrase (FR)  3:30 Wii Bowling (FR)  4:00 Family Feud (FR)  5:00 Carlos's Choice FP Movie (FR)</p>	<p><b>26</b>  9:00 One on Ones  10:00 Words in Words (FR)  10:45 Seated Exercise Class (FR)  11:30 Uno Card Game (FR)  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  1:00 Ladies Bible Study (CR)  2:00 Trivia (DR)  2:00 Matinee Movie: 'Peanut Butter Falcon' (MT)  2:30 Bingo (DR)  3:45 Pictionary (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>27</b>  10:00 Music We Love (FR)  10:45 Seated Exercise Class (FR)  11:00 Docuseries: 'Daughters of Destiny' ep.4 (MT)  11:30 Icebreakers (FR)  1:00 Balloon Toss (FR)  1:30 Midweek Pick Me Up w/ C. Dennis (CH)  2:00 Painting with Brian (CR)  3:15 Beginner Wii Bowling (FR)  5:00 Fireplace Movie (FR)  7:00 Midweek Devotional Services (CH)</p>	<p><b>THANKSGIVING 28</b>  9:00 One on Ones  10:00 Categories (FR)  10:45 Seated Exercise Class (FR)  11:30 Brain Games (FR)  1:00 1 on 1 Walkabout w/ Staff (Sign up in Vitality office)  2:00 Women's Discussion Group (CR)  2:30 Bingo (DR)  3:45 LOL- Laugh Out Loud (FR)  5:00 Tony's Choice FP Movie (FR)</p>	<p><b>29</b>  10:00 Word Teasers (FR)  10:30 Prayer Meeting (CH)  10:45 Seated Exercise Class (FR)  12:00 General Store (DR)  <b>12:45 Scenic Drive (sign up)</b>  <b>2:30 Performance w/ Ted Horowitz (DR)</b>  3:45 Wii Bowling (FR)  5:00 Fireplace Movie (FR)</p>	<p><b>30</b>  Activity Packets  11:00 Church Service (CH)  1:00 Trivia W/ Dick Lutz (FR)  1:00 Apples to Apples (FR)  3:45 Fireplace Movie (FR)  4:00 One on One Visits</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.