


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 2025 Cherrywood Village Independent Living <p style="text-align: center;">Location Key: AS-Art Studio, BR-Board Room, CR-Community Room, MT-Movie Theater, VC-Vitality, GR2-Greens 2nd Floor, GR3-Greens 3rd Floor, CH- Chapel, RA-Royal Anne Dining Room RED-OFF Campus BLUE-Vitality Staff Led Events</p>			<p>1 11:00 Docuseries: The Mind, Explained, Ep. 1 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 CWV Writers Group (AS) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>2 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Sight Loss Discussion Group (Vault) 1:30 Women's Discussion Group (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>3 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (GR & WYN) 10:30 Prayer Service (CH) 11:00 Standing Balance Class (CR) 2:30 Performance: Music We Remember (RA)</p>	<p>4 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>5 11:00 Church Service (CH) 2:30 Sunday Matinee: Dumplin' (MT) Vitality Center Open 9AM-3PM</p>	<p>6 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2) Building Meetings w/ Elizabeth</p>	<p>7 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic w/ AgeRight (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p>	<p>8 Excursion:10:00 AM Ilani Casino 11:00 Docuseries: The Mind, Explained, Ep. 2 (MT) 12:30 Knitting & Crochet Group (CR) 1:00 "Hot Spots" Volcano Presentation (BR) 1:30 Midweek "Pick me Up" w/ Chaplain Dennis (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>9 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 10:30 Lutheran Worship Service (CH) 1:30 Women's Discussion (CR) 3:00 Community Choir w/ Nadya (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>10 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 12:00 Catholic Mass (CH) 2:30 Performance: Kyle Lewis (RA)</p>	<p>11 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>12 11:00 Church Service (CH) 2:30 Sunday Matinee: The Hill (MT) Vitality Center Open 9AM-3PM</p>	<p>13 10:00 Walking Club w/ Matt & Nadya 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 2:00 Classical Music Club (CR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>14 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p>	<p>15 Excursion: 8:45 AM Men's Breakfast: Original Pancake House 11:00 Docuseries: The Mind, Explained, Ep. 3 (MT) 12:30 Knitting & Crochet Group (CR) 1:00 Trip to Midland Library 1:30 Midweek "Pick me Up" (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>16 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Parkinson's Support Group (BR) 1:30 Women's Discussion (CR) 2:30 Town Hall (VSG) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>17 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 1:00 Diversity Group (CR) 2:30 Ted Horwitz (RA)</p>	<p>18 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 1:30 Poker (BR) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>19 11:00 Church Service (CH) 2:30 Sunday Matinee: RV (MT) Vitality Center Open 9AM-3PM</p>	<p>20 9:00 Grocery Shopping: Trader Joe's 10:00 Chair Yoga w/ Lisa (CR) Grocery Shopping: Fred Meyer: 1:00 Gardens, Cottages, 2:00 Greens/ Wynridge 3:00 Orchards 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>21 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 11:00 Blood Pressure Clinic w/ AgeRight (AS) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p>	<p>22 Excursion: Powell's Books & Lunch at Observatory 11:00 Docuseries: The Mind, Explained, Ep. 4 (MT) 12:30 Knitting & Crochet Group (CR) Excursion: 1:00: Midland Library 2:00 Painting w/ Brian (CR) 3:30 Social Hour (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>23 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 AgeStrong Presentation: Exploring Risks Factors for Fall Prevention (BR) 1:30 Women's Discussion (CR) 3:00 Community Choir w/ Nadya (CH) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>24 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 9:45 Mystery Trip w/ Matt & Nadya 10:00 Grocery Shopping: (GR & WYN) 10:30 Prayer Service (CH) 12:00 Catholic Communion Service (CH) 1:00 Tech Support w/ Oliver (AS) 1:30 Book Club (BR) 2:30 Performance: Gordon Herman (RA)</p>	<p>25 9:00 Coffee Hour (CR) 11:00 Church Service (CH) 6:30 Hand and Foot Card Game (CR) Vitality Center Open 9AM-3PM</p>
<p>26 11:00 Church Service (CH) 2:30 Sunday Matinee: Hack Your Health-Secrets of the Gut Documentary (MT) Vitality Center Open 9AM-3PM</p>	<p>27 10:00 Walking Group (VSG) 10:00 Tai Chi (CR) Grocery Shopping: Fred Meyer 1:00 Gardens, Cottages 2:00 Greens, Wynridge 3:00 Orchards 1:00 Presentation: History of the Dorsey Brothers w/ Gordon Herman (CR) 2:00 Classical Music Club (BR) 5:00 Wii Bowling (BR) 6:30 Mahjong (GR2)</p>	<p>28 10:00 Aqua Zumba (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:00 Ladies Bible Study (CR) 3:00 10K Dice Game (GR2) 3:00 Chess (CR) 4:00 Wii Bowling (BR)</p>	<p>29 Excursion: 11:00 AM: Ladies' Lunch: Coast to Coast Fish House 11:00 Docuseries: The Mind, Explained, Ep. 5 (MT) 12:30 Knitting & Crochet Group (CR) 1:30 Midweek "Pick me Up" (CH) 2:00 Painting w/ Brian (CR) 6:15 Monte Carlo Bingo (CR) 7:00 Midweek Devotional Service (CH)</p>	<p>30 10:00 Aqua Fitness (Pool) 10:00 Sit & Stretch (CR) 10:30 Balance & Bands (CR) 11:00 Low Impact Cardio (CR) 1:30 Women's Discussion (CR) 5:00 Wii Bowling (BR) 6:30 Board Games (CR)</p>	<p>31 9:00 Grocery Shopping: Winco, Bi-Mart, Target (GA, OR, COTT) 10:00 Grocery Shopping: Winco, Bi-Mart, Target (Greens, Wynridge) 10:30 Prayer Service (CH) 2:30 Molli Paige (RA)</p>	 CHERRYWOOD VILLAGE A GENERATIONS COMMUNITY

ALL ACTIVITIES AND EVENTS ARE SUBJECT TO CHANGE BASED ON STAFF AND RESIDENT NEEDS.