

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9am The Perk 9:30 Morning Stretching 10am Hymns Singing 11pm Church Service 1pm Trivia Time 2:30 Snack Time 3pm Favorite old musical 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Hot chocolate/reading group 11am Sing along/dancing 1:30pm Bingo 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Word search 11pm Active Game 1:30pm Baking with Tonja 2pm Music by Reymond 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9 am The Perk 9:30 Morning Stretching 10am Memory Magic 11pm Active Game 1:30pm Baking with Tonja 2:30pm Music by Barb 2:30 Snack Time 3pm Favorite movie/old cartoons 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Reminisces /hot hea 11pm Chair Dancing 1:30pm Bingo 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Newsgroup / coffee 11pm Chair Dancing 1pm Funny animals 2pm Music by Beth 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Reminisces /hot hea 11pm Sing along 1pm Pretty Nails 2:30 Snack Time 3pm Favorite movie 4pm Relax music		
9am The Perk 9:30 Morning Stretching 10am Hymns Singing 11pm Church Service 1pm lutheran Church visit /singing with kids 2:30 Snack Time 3pm Favorite old musical 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Hot chocolate/reading with Kids 11:15am Christmas Carols 1:30pm Bingo 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Word search 11pm Active Game 1:30pm Baking with Tonja 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Puzzle/Coloring 11pm Active Game 1:30pm Baking with Tonja 2:30 Snack Time 3pm Favorite movie/old cartoons 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Reminisces /hot hea 11pm Chair Dancing 1:30pm Bingo 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Newsgroup/coffee 11pm Chair Dancing 1:30pm Craft /Arts 2:30 Snack Time 3pm Favorite movie 4pm Relax music	9am The Perk 9:30 Morning Stretching 10am Reminisces /hot hea 11pm Sing along 1pm Pretty Nails 2:30 Snack Time 3pm Favorite movie 4pm Relax music		
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			A GENERATIONS COMMUNITY					