

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:45 Coffee and Current Events</p> <p>10:30 Chair Yoga</p> <p>11:00 Word Games</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Table Games</p> <p><b>1</b></p>	 <p><b>2</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>2:00 Water Palooza</p> <p>6:00 Movie Night</p> <p>7:00 Meeting with James</p> <p><b>3</b></p>	<p>9:00 Religious Services</p> <p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Library Games: Poker</p> <p>2:30 Bingo</p> <p><b>4</b></p>	<p>9:15 Equine Therapy</p> <p>1:00 Walking Club</p> <p>1:30 Table Games</p> <p>2:00 Library-On-Wheels</p> <p>3:00 Bowling</p> <p>6:00 Movie Night</p> <p><b>5</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Strength Training</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Manicures</p> <p>2:30 Happy Hour with Jeffrey</p> <p><b>6</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>1:30 Cooking Class</p> <p>3:00 Bingo</p> <p>6:00 Movie and Popcorn</p> <p><b>7</b></p>	
<p>9:45 Coffee and Current Events</p> <p>10:30 Chair Yoga</p> <p>11:00 Word Games</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Table Games</p> <p><b>8</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>2:30 Resident Council Meeting</p> <p><b>9</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>1:30 Walmart Outing</p> <p>3:30 Golf</p> <p>6:00 Movie Night</p> <p>7:00 Meeting with James</p> <p><b>10</b></p>	<p>9:00 Religious Services</p> <p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Library Games: Rummy</p> <p>2:30 Bingo</p> <p><b>11</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stretch It Out</p> <p>11:00 Brain Games</p> <p>1:00 Walking Club</p> <p>1:30 Table Games</p> <p>2:00 Menu Chat</p> <p>2:30 Bowling</p> <p>6:00 Movie Night</p> <p><b>12</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Strength Training</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>2:30 Happy Hour with Lindsay</p> <p><b>13</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>1:30 Cooking Class</p> <p>3:00 Bingo</p> <p>6:00 Movie and Popcorn</p> <p><b>14</b></p>	
<p>9:45 Coffee and Current Events</p> <p>10:30 Chair Yoga</p> <p>11:00 Word Games</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Table Games</p> <p><b>15</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Activity Committee</p> <p>2:00 Documentary</p> <p>2:00 Crafting and Creating</p> <p><b>16</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Georgetown Scenic Railroad</p> <p>6:00 Movie Night</p> <p>7:00 Meeting with James</p> <p><b>17</b></p>	<p>9:00 Religious Services</p> <p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>2:00 Cooking Demo with Karima</p> <p>3:00 Bingo</p> <p><b>18</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stretch It Out</p> <p>11:00 Brain Games</p> <p>1:00 Walking Club</p> <p>2:00 Library-On-Wheels</p> <p>3:15 Birthday Party</p> <p>6:00 Movie Night</p> <p><b>19</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Strength Training</p> <p>11:00 Trivia</p> <p>12:00 Pizza Party</p> <p>1:00 Walking Club</p> <p>1:30 Manicures</p> <p>2:30 Happy Hour with Terry</p> <p><b>20</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>1:30 Cooking Class</p> <p>3:00 Bingo</p> <p>6:00 Movie and Popcorn</p> <p><b>21</b></p>	
<p>9:45 Coffee and Current Events</p> <p>10:30 Chair Yoga</p> <p>11:00 Word Games</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Table Games</p> <p><b>22</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Documentary</p> <p>2:00 Crafting and Creating</p> <p><b>23</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>11:30 Lunch Outing</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Golf</p> <p>6:00 Movie Night</p> <p>7:00 Meeting with James</p> <p><b>24</b></p>	<p>9:00 Religious Services</p> <p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Library Games: Bridge</p> <p>2:30 Bingo</p> <p><b>25</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stretch It Out</p> <p>11:00 Brain Games</p> <p>12:00 Rockies Game!</p> <p>6:00 Movie Night</p> <p><b>26</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Strength Training</p> <p>11:00 Trivia</p> <p>12:00 End Of Summer BBQ</p> <p>1:00 Walking Club</p> <p>2:30 Happy Hour with Harry</p> <p><b>27</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Volleyball</p> <p>1:00 Walking Club</p> <p>1:30 Cooking Class</p> <p>3:00 Bingo</p> <p>6:00 Movie and Popcorn</p> <p><b>28</b></p>	
<p>9:45 Coffee and Current Events</p> <p>10:30 Chair Yoga</p> <p>11:00 Word Games</p> <p>1:00 Walking Club</p> <p>1:30 Trivia</p> <p>2:30 Table Games</p> <p><b>29</b></p>	<p>9:45 Coffee and Current Events</p> <p>10:30 Stronger U</p> <p>11:00 Trivia</p> <p>1:00 Walking Club</p> <p>1:30 Documentary</p> <p>2:00 Crafting and Creating</p> <p><b>30</b></p>	<p><b>Montage Hills</b></p> <p><b>September 2024</b></p> <p><b>Assisted Living</b></p> <p>2500 S. Roslyn St. Denver, CO 80231</p>					 <p><b>MONTAGE HILLS</b></p> <p><b>A GENERATIONS COMMUNITY</b></p>