January 2025

Memory Care

Culture of the Month
Wellbeing Check Up!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Happy New Year Day! **9:30 Outdoor Stroll** 10:00 Snack & Chat **11:00 Lunch Excursion ~ Round Table Pizza** 2:00 Snack & Chat **2:00 Music w/ Mathew Malcom** **3:00 Chocolate Bingo**	**2** **9:30 Umbrella Toss** **10:00 Snack Break** **10:30 Memory Match** **2:00 Cooking Class ~ Chocolate Chip Cookies** **3:30 New Years Trivia**	**3** 9:00 Exercise 10:00 Snack w/ Friends 10:30 Trivia 11:00 Bingo **2:00 Music w/ Al Turner** **3:00 Fri-Yay Social ~Winter Sangria**	**4** 9:30 Yoga and Balance 10:00 Snack & Chat **10:30 Free Coloring** 2:00 Snack Time 2:15 Carmel Village Stroll 3:00 Saturday Matinee and Popcorn
5 **10:00 Scenic Drive~ Old Town Clovis** **10:00 Snack and Chat** **11:00~ Worship Music Sing along** 2:10 Afternoon Snack **2:30 Crafty Crew Photo Frame Decorating** 3:30 Clean Up & Chat	**6** **9:30 Stroll Around the Neighborhood!** 10:00 Snacks W/ Friends 10:30 Bingo **11:00 Pastor Phill** 2:00 Snack Social **2:30 Motor Skills Monday – Parachute** **3:30 Happy Hour Monday ~ Green Tea Hot Toddy**	**7** 9:30 Get Fit Stay Fit 10:00 Snack Break **10:30am Crafty Crew No Sew Sock Snowmen** 2:00 Snack Break 2:30 & Pretty Nails 4:00pm Room Visits	**8** **9:30 Outdoor Stroll** 10:00 Snack & Chat **11:00 Lunch Excursion ~ Sakura Cha** 2:00 Snack & Chat 3:00 Bingo	**9** 9:30 Noodle Ball 10:00 Snack Break **10:30 Reminiscing w/ Veatrice** **2:00 Cookie Class ~ Cream Cheese Stuffed Bell peppers** 3:00 Residents Choice	**10** 9:00 Exercise 10:00 Snack w/ Friends 10:30 Trivia 11:00 Bingo 2:00 Snacks w/Friends **3:00 Fri-Yay Social ~ Lavendar Fields Mocktail**	**11** 9:30 Yoga and Balance 10:00 Snack & Chat **10:30 Free Painting** 2:00 Snack Time 2:15 Carmel Village Stroll 3:00 Saturday Matinee and Popcorn
12 **10:00 Scenic Drive ~ Auberry Drive** **10:00 Snack and Chat** **11:00 Worship Music Sing along** 2:00 Afternoon Snack **2:30 Crafty Crew ~ Popsicle Stick Penguin Puzzle** 3:30 Clean Up &Chat	**13** **9:30 Stroll Around the Neighborhood!** 10:00 Snacks W/ Friends 10:30 Kick Ball 2:00 Snack Social **2:30 Motor Skills Monday – Ball in Hole** **3:30 Happy Hour Monday ~ Cranberry Margarita**	**14** 9:30 Get Fit Stay Fit 10:00 Snack Break **10:30am Crafty Crew Snowy Owl Craft** 2:00 Snack Break 2:30 & Pretty Nails 4:00pm Room Visits	**15** **9:30 Outdoor Stroll** 10:00 Snack & Chat **11:00 Excursion ~ Old Waffle House** 2:00 Snack & Chat 2:00 Music w/ David Press 3:00 Bingo	**16** 9:30 Indoor Golf 10:00 Snack Break 10:30 Memory Match **2:00 Cooking Class ~ Snowmen Cake Pops** 3:00 Bingo	**17** 9:00 Exercise 10:00 Snack w/ Friends 10:30 Trivia 11:00 Bingo 2:00~Snacks w/Friends **3:00~ Fri-Yay Social~ Pineapple Ginger Ale**	**18** 9:30 Yoga and Balance 10:00 Snack & Chat **10:30 Free Coloring** 2:00 Snack Time 2:15 Carmel Village Stroll 3:00 Saturday Matinee and Popcorn
19 Activity Professional Week: Superhero Day! **10:00 Scenic Drive ~ Drive Around Rodery Park** **10:00 Snack and Chat** 2:00 Snack Break **2:30 New Joy Church** 3:30 Suprise Bingo	**20** Activity Professional Week: I have a Dream PJ Day! Martin Luther King Day **9:30 Stroll Around the Neighborhood!** 10:00 Snacks W/ Friends **10:30 I Have a Speech Video** 11:00 Pastor Phill 2:00 Snack Social **2:30 Motor Skills Monday – Glove Control** **3:30 Happy Hour Monday Cranberry Mocktail**	**21** Activity Professional Week: 70's Disco Day! 9:30 Get Fit Stay Fit 10:00 Snack Break **10:30am Crafty Crew~ Terracotta Snowman Pot Painting** 2:00 Snack Break 2:30 & Pretty Nails 4:00pm Room Visits	**22** Activity Professional Week: Disney Day! 9:30 Outdoor Stroll 10:00 Snack & Chat **11:00 Lunch Excursion ~ Rocket Dog** 2:00 Snack & Chat **3:00 Chocolate Bingo**	**23** Activity Professional Week: Twin Day! 9:30 Giant Dice Rolling 10:00 Snack Chat 10:30 Walking Club **2:00pm Cooking Class ~ Pinwheel Sandwiches** 3:00 Residents Choice	**24** Activity Professional Week: Flannel Day! 9:00 Exercise 10:00 Snack w/ Friends 10:30 Trivia 11:00 Bingo 2:00 Snack w/ Friends **2:00 Sing a Long w/ Rosemary** **3:00 Fri-Yay Social ~ Mint Mojito**	**25** Activity Professional Week: Through the Decades Day! 9:30 Yoga and Balance 10:00 Snack & Chat **10:30 Free Painting** 2:00 Snack Time 2:15 Carmel Village Stroll 3:00 Saturday Matinee and Popcorn
26 **10:00 Moring Coffee at Starbucks** **10:00 Snack and Chat** **11:00 Worship Music/ Sing a Long** 2:10 Afternoon Snack **2:30 Crafty Crew ~ Winter Wreaths** 3:30 Clean Up & Chat	**27** **9:30 Stroll Around the Neighborhood!** 10:00 Snacks W/ Friends 10:30 Indoor Bowling 2:00 Snack Social **2:30 Motor Skills Monday – Color Catch** **3:30 Happy Hour Monday ~ Sweetheart Milk Shake**	**28** 9:30 Get Fit Stay Fit 10:00 Snack Break **10:30am Crafty Crew Winter Tree Craft** 2:00 Snack Break **2:30 Spa Day** 4:00 Room Visits	**29** Happy Chinese New Years 9:30 Outdoor Stroll 10:00 Snack & Chat **11:00 Lunch Excursion Spicy J's** 2:00 Snack & Chat 3:00 Bingo	**30** 9:30 Indoor Bowling 10:00 Snack Chat 10:30 Memory Match **2:00pm Cooking Class ~ Pumpkin Pie in a Cup** **3:00 Casablanca Showing Social**	**31** 9:00 Exercise 10:00 Snack w/ Friends 10:30 Trivia 11:00 Bingo 2:00 Snack w/ Friends **2:00 Sing a Long w/ Rosemary** **3:00 Fri-Yay Social ~ Dragon Fruit Delight Mocktail**	CARMEL VILLAGE A GENERATIONS COMMUNITY

2145 Stanford CA #107208996 ** Activities Subject To Change *