


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 11:15 Catholic Communion-C 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-	8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Stretch-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Vet to Vet w/ Aprevia-GR 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 1:30 Scenic Drive to Coronado-MS** 2:00 BINGO- MS/GR 3:00 50's Sing Along-MS/GR 5:00 Evening Stroll-MS	8:30 50's Music Sing Along & Table Games-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Reminisce w/ Theme Box-MS/GR 3:00 Ball Toss-MS/GR	8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Stretch-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Card Decoration-MS/GR 1:30 Scenic Drive to Harbor Drive-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 7:00 Wind Down-GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Hand Massage & Pretty Nails-MS/GR 2:00 Pet Therapy w/Heart N Soul-CY 3:00 Cards & Dominoes-GR** 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT	8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & Be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Scrapbooking & Card Decoration-MS/GR 2:00 Clay Project-MS/GR 5:00 Evening Stroll-MS	
8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-MS/GR	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Stretch-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 1:30 Scenic Drive to Midway Museum-MS** 2:00 BINGO- MS/GR 3:00 50's Sing Along-MS/GR	8:30 50's Music Sing Along & Table Games-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Random Trivia-MS/GR 2:00 Welcome New Resident Social-GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR** 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Card Decoration-MS/GR 1:30 Scenic Drive to Imperial Beach-MS** 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Flower Arrangement-MS/GR 1:00 Hand Massage & Pretty Nails-MS/GR 2:00 Craft Project-MS/GR 3:00 Cards & Dominoes-MS/GR 5:00 Evening Stroll-MS	8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & Be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Scrapbooking & Card Decoration-MS/GR 2:00 Tasting & Cooking-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	
8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Fitness-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Morning Stretch-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 2:00 BINGO- MS/GR 3:00 50's Sing Along-MS/GR 5:00 Evening Stroll-MS	8:30 50's Music Sing Along & Table Games-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Reminisce w/ Theme Box-MS/GR	8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR** 10:30 Balloon Parachute Game-MS* 10:30 Volleyball Game-GR** 1:00 Card Decoration-MS/GR 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Flower Arrangement-MS/GR 2:00 Pet Therapy w/Heart N Soul-CY 3:00 Cards & Dominoes-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & Be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Scrapbooking & Card Decoration-MS/GR 2:00 Christian Service w/Ed Equid-C 2:00 Tasting & Cooking-GR 5:00 Evening Stroll-MS	
8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR** 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Birthday Soc. w/ Raymond-GR 3:00 Ball Toss-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 2:00 Secret Friend Gift (Employees to Resident) Soc.-GR 3:00 50's Sing Along-MS/GR	8:30 50's Music Sing Along & Table Games-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Reminisce w/ Theme Box-MS/GR 3:00 Ball Toss-MS/GR	8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR** 10:30 Balloon Parachute Game-MS* 10:30 Volleyball Game-GR** 1:00 Card Decoration-MS/GR 2:00 BINGO- MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Flower Arrangement-MS/GR 1:00 Hand Massage & Pretty Nails-MS/GR 2:00 Craft Project-MS/GR 3:00 Cards & Dominoes-GR** 5:00 Evening Stroll-MS	8:30 50's Music Sing Along & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & Be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Noodle Catch Ball Game-GR** 1:00 Scrapbooking & Card Decoration-MS/GR 2:00 Bake Competition & Tasting -GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	
8:30 50's Music Sing Along-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:15 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Stretch-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 1:30 Scenic Drive to Point Loma-MS** 2:00 BINGO- MS/GR 3:00 50's Sing Along-MS/GR	<h1 style="text-align: center;">DECEMBER 2024</h1> <h2 style="text-align: center;">PARKVIEW VITALITY CALENDAR</h2> <div style="text-align: center;">  <p>PARADISE VILLAGE A GENERATIONS COMMUNITY</p> </div>				GR: Great Room MS: Main St. C: Chapel VT: Village Theater
8:30 50's Music Sing Along-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:15 Table Games & Puzzles-MS/GR 10:00 Moving & Counting-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR** 1:00 Finish the line-MS/GR 1:30 Scrapbooking & Card Decoration-MS/GR 2:30 Pop Corn & Family Bingo Social-	8:30 Matching Cards & Puzzles-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 8:30 Word Search & Newspaper Review-GR 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Stretch-GR** 10:00 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-GR** 1:00 Famous Faces & Places & Table Games-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR	8:30 Reminisce w/ Pictures & Music-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 Daily Chronicles-MS/GR 9:20 Finish the line-MS/GR 10:00 Chair Fitness-MS* 10:00 Sit & be Fit-GR** 10:30 Balloon Baseball-MS* 10:30 Noddle Ball Catch-GR** 1:00 Canvas Creation-GR** 1:00 Scrapbooking-MS* 1:30 Scenic Drive to Point Loma-MS** 2:00 BINGO- MS/GR 3:00 50's Sing Along-MS/GR					<p>Activities Difficulty Level: Easy* Medium**</p>

