

Vitality Theme: Creative Collaboration


"Art enables us to find ourselves and lose ourselves at the same time." - Thomas Merton. This month we are focusing on the value of creativity and the positive impact that collaborative projects can have on our communities. The act of creating fills us with a sense of purpose and fulfillment that little else can. Providing experiences where everyone contributes equally helps build social belonging. Shared art projects can provide self-expression while promoting a sense of community bonding.

Birthdays!



Location Guide

<u>1st Floor</u> W - West Entrance	BS-Beauty Salon
E - East Entrance	2E-2nd Floor East Wing
VC - Vitality Center	CON -Conference Room
R - Restaurant	<u>3rd Floor</u> RR - Red Rooster
GC - Golf Course	GAM -Game Room
Ch-Chapel P-Pool	TH -Movie Theater
<u>2nd Floor</u> BC -Business Center	COM -Community room
LIB -Library	B-Balcony
2L -2nd Floor Lobby	TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	4	5
 1500 Catherine Street Walla Walla, WA 99362		7:15 Water Aerobics (Pool) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 1:30 Bible study (CH) 1:30-Cruising the internet safely FREE Tech Class at Goodwill. 3:00 Skip-Bo (GAM)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 2:00 Snacks with Sallie (2L) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 3:15 Comedy Hour (2L) 6:00 Evening Movie (TH)	7:15 Water Aerobics (Pool) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:30 Table Games (2L) 3:00 Movie (TH) 3:00 Skip-Bo (GAM) 3:30 Grief Support Group (V) 6:00 Evening Movie (TH)	9:00 Friday Shopping 9:30 Sound Audiology (COM) 10:40 Candy Bingo (CON) 11:30 Tamastlikt Outing (W) 1:30 Bridge (GAM) 2:00 Birthday Party (CON) 3:00 Movie (TH) 3:00 Two Bit Bingo (CON) 6:00 Evening Movie (TH) 6:30 Friday Evening Praise (CH)	7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 1:30 Men's Poker (2L) 1:30 Post-It Craft w/ Evie (COM) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 6:00 Table Games (3L)
6	7	8	9	10	11	12
9:00 Frog Hollow Outing (w) 10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:30 Table Games & Refreshments(2L) 2:30 Remembrance Service (CH) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(COM) 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:00 Pinochle (GAM) 1:30 Bridge (GAM) 1:30 Dominos (2L) 2:45 Monday Crafts (2L) 3:00 Two Bit Bingo (CON)	8:00 Men's Breakfast (COM) 7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 12:00 Pianist Carolyn ® 1:00 Pinochle (GAM) 1:30 Bible study (CH) 1:30-Cruising the internet safely FREE Tech Class at Goodwill. 3:00 Skip-Bo (GAM) 6:30 WW Symphony (W)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 11:00 Sonbridge Outing (W) 1:00 Hand & Foot (GAM) 1:15 Dominos (2L) 2:00 Snacks with Sallie (2L) 3:00 Resident Council (CON) 3:00 Movie (TH) 3:00 Candy BINGO (COM) 3:15 Comedy Hour (2L) 6:00 Evening Movie (TH)	7:15 Water Aerobics (Pool) 10:00 Presbyterian Worship (CH) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:30 Table Games (2L) 3:00 Uno! (2L) 3:00 Movie (TH) 3:00 Skip-Bo (GAM) 3:30 Grief Support Group (V) 6:00 Evening Movie (TH)	9:00 Friday Shopping 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 11:45 Lunch Bunch: TBD 1:15 Dominos (2L) 1:30 Bridge (GAM) 2:00 Group Games (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise (CH)	7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 1:30 Men's Poker (2L) 1:30 Post-It Craft w/ Evie (COM) 1:30 UNO (Gam) 1:30 Dominos (2L) 3:00 Movie (TH) 3:15 Group Games (2L) 6:00 Table Games (3L) 6:00 Evening movie (TH)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
13	14	15	6	17	18	19
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:30 Table Games and Refreshments (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:00 Lawrence H. Performance ® 1:00 Pinochle (GAM) 1:30 Bridge (GAM) 2:45 Monday Crafts (2L) 3:00 Two Bit Bingo (CON)	7:15 Water Aerobics (Pool) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 1:30 Bible study (CH) 1:30 Table Games (2L) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Town Hall (CON)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 2:00 New Resident Social (RR) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 6:00 Evening movie (TH) 3:00 Movie (TH) 3:00 Candy BINGO (COM)	7:15 Water Aerobics (Pool) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 1:00 Pinochle (GAM) 1:00 Pinochle (GAM) 2:30 Rick Doyle on Guitar ® 3:00 Movie (TH) 3:00 Skip-Bo (GAM) 3:30 Grief Support Group (V) 6:00 Evening Movie (TH)	9:00 Friday Shopping 9:30- WW Audiology (COM) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 1:30 Bridge (GAM) 2:00 Albertsons & JoAnn's (W) 2:30 Veteran's Hour (CON) 3:00 Movie (TH) 3:00 Two Bit Bingo (CON) 6:00 Evening movie (TH) 6:30 Friday Evening Praise (CH)	7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 1:30 Men's Poker (2L) 1:30 Post-It Craft w/ Evie (COM) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 6:00 Table Games (3L) 6:00 Evening movie (TH)
20	21	22	23	24	25	26
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:30 Table Games and Refreshments (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(GAM) 1:00 Pinochle (GAM) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	7:15 Water Aerobics (Pool) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 1:30 Bible study (CH) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:30 Butterfly Garland (2L)	8:30 Senior Living Outing TBD 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 3:15 Comedy Hour (2L) 6:00 Evening Movie (TH)	7:15 Water Aerobics (Pool) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:30 Table Games (2L) 1:30 Quad-Ominos (2L) 3:00 Skip-Bo (GAM) 3:30 Grief Support Group (V) 6:00 Evening Movie (TH)	8-12 Love or Leave It (2nd Hall) 9:00 Friday Shopping 10:00 Floral Arranging (COM) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 1:30 Bridge (GAM) 1:30 Goodwill and Mall trip (w) 3:00 Two Bit Bingo (CON) 4:30 Harvest Party (EE) 6:30 Friday Evening Praise (CH)	7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 1:30 Men's Poker (2L) 1:30 Post-It Craft w/ Evie (COM) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 6:00 Table Games (3L)
27	28	29	30	31 Halloween		
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 1:00 Dixie Cramer Piano Recital ® 2:30 Table Games & Refreshments(2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 11:30 PEO Luncheon (COM) 1:00 Pinochle (GAM) 1:00-3:00 Craft & Chat (COM) 1:00 Pinochle (GAM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	7:15 Water Aerobics (Pool) 10:30 Book Club (COM) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 1:30 Bible study (CH) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM)	8:30 Senior Living Outing TBD 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 4:45 Dinner Dash: Papi's Pizza 6:00 Evening Movie (TH)	7:15 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00-1:30 Baked Potato Buffet ® 1:00 Pinochle (GAM) 3:00 Pumkin Decorating contest vote Winners announcement (R) 3:00 Skip-Bo (GAM) 3:00 Movie (TH) 3:45-5:00 PM Trick or Treating at Wheatland Village. (W)		