WHEATLAND VILLAGE
A GENERATIONS COMMUNITY

## November 2024

			INOVEIHOEI 2024		I alkview vitality Calendar				
	Meal Times		Gratitude Month!						
1640 Durum Dr, Walla Walla, WA 99362 LIC#1640	Breakfast Served 6:00-10:00 am Lunch Served at 11:30 Dinner Served at 4:30	"When we focus on our gratitude, the tide of disappointment goes out, and the tide of love rushes in." — Kristin Armstrong							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
				Dimensions of Wellbeing	1	2			
			Emotional	9:30 Exercise 10:00 Trivia	9:30 Exercise 10:00 Words in Words				
Look out for gratitude socials this month!				Spiritual	10:30 Brain Games 12:00 Documentary	10:30 Village Church 12:00 Documentary			
			Cognitive/Intellectual	1:15 White Board Games 2:00 Scenic Walk	1:15 Bingo 2:00 Water Color				
	Activities are sul	oject to change		Social	2:00 Table Tennis 3:30 Fancy Nails	3:00 Table Games 4:00 Sorting Bins			
				Physical	5:00 Evening Movie	5:00 Evening Movie			
3	4	5	6	7	8	9			
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise			
		VIO O EXCIPCIÓN		7.50 Exercise					
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words			
Spiritual Eldercare (CH)	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words			
Spiritual Eldercare (CH) 2:00 Documentary	10:00 Fancy Nails <mark>10:30 Price is Right</mark>	10:00 Tidbit Tuesday 10:30 Finish The Phrase	10:00 Reminisce roundtable 10:30 Current Events	10:00 Joggin your Noggin 10:30 Chaplain Lloyd Visit	10:00 Trivia 10:30 Brain Games	10:00 Words in Words 10:30 Village Church			
Spiritual Eldercare (CH) 12:00 Documentary 1:15 Outdoor Round Group	10:00 Fancy Nails 10:30 Price is Right 12:00 Documentary	10:00 Tidbit Tuesday 10:30 Finish The Phrase 12:00 Documentary	10:00 Reminisce roundtable 10:30 Current Events 12:00 Documentary	10:00 Joggin your Noggin 10:30 Chaplain Lloyd Visit 12:00 Documentary	10:00 Trivia 10:30 Brain Games 12:00 Documentary	10:00 Words in Words 10:30 Village Church 12:00 Documentary			
Spiritual Eldercare (CH) 12:00 Documentary 1:15 Outdoor Round Group 2:00 Hallway Sports	10:00 Fancy Nails 10:30 Price is Right 12:00 Documentary 1:15 One on Ones	10:00 Tidbit Tuesday 10:30 Finish The Phrase 12:00 Documentary 1:15 Hangman	<ul> <li>10:00 Reminisce roundtable</li> <li>10:30 Current Events</li> <li>12:00 Documentary</li> <li>1:15 Gratitude Social</li> </ul>	10:00 Joggin your Noggin 10:30 Chaplain Lloyd Visit 12:00 Documentary 1:15 One on Ones	10:00 Trivia 10:30 Brain Games 12:00 Documentary 1:3 Louisiana Day	<ul> <li>10:00 Words in Words</li> <li>10:30 Village Church</li> <li>12:00 Documentary</li> <li>1:15 Bingo</li> </ul>			
Spiritual Eldercare (CH) 12:00 Documentary 1:15 Outdoor Round Group 2:00 Hallway Sports 3:00 Crafts	<ul> <li>10:00 Fancy Nails</li> <li>10:30 Price is Right</li> <li>12:00 Documentary</li> <li>1:15 One on Ones</li> <li>2:00 Donuts &amp; Coffee</li> </ul>	10:00 Tidbit Tuesday 10:30 Finish The Phrase 12:00 Documentary 1:15 Hangman 2:00 Group Table Games	<ul> <li>10:00 Reminisce roundtable</li> <li>10:30 Current Events</li> <li>12:00 Documentary</li> <li>1:15 Gratitude Social</li> <li>1:30 Mocktails Social</li> </ul>	<ul> <li>10:00 Joggin your Noggin</li> <li>10:30 Chaplain Lloyd Visit</li> <li>12:00 Documentary</li> <li>1:15 One on Ones</li> <li>2:00 Group Table Games</li> </ul>	10:00 Trivia 10:30 Brain Games 12:00 Documentary 1:3 Louisiana Day 2:00 Scenic Walk	<ul> <li>10:00 Words in Words</li> <li>10:30 Village Church</li> <li>12:00 Documentary</li> <li>1:15 Bingo</li> <li>2:00 Water Color</li> </ul>			
10:00 Hymn Sing-Along Spiritual Eldercare (CH) 12:00 Documentary 1:15 Outdoor Round Group 2:00 Hallway Sports 3:00 Crafts 5:00 Evening Movie	<ul> <li>10:00 Fancy Nails</li> <li>10:30 Price is Right</li> <li>12:00 Documentary</li> <li>1:15 One on Ones</li> <li>2:00 Donuts &amp; Coffee</li> <li>3:00 Bingo</li> </ul>	<ul> <li>10:00 Tidbit Tuesday</li> <li>10:30 Finish The Phrase</li> <li>12:00 Documentary</li> <li>1:15 Hangman</li> <li>2:00 Group Table Games</li> <li>3:00 Afternoon Crafts</li> </ul>	<ul> <li>10:00 Reminisce roundtable</li> <li>10:30 Current Events</li> <li>12:00 Documentary</li> <li>1:15 Gratitude Social</li> <li>1:30 Mocktails Social</li> <li>2:00 Scenic Drive</li> </ul>	<ul> <li>10:00 Joggin your Noggin</li> <li>10:30 Chaplain Lloyd Visit</li> <li>12:00 Documentary</li> <li>1:15 One on Ones</li> <li>2:00 Group Table Games</li> <li>3:00 Turn On the tunes!</li> </ul>	10:00 Trivia 10:30 Brain Games 12:00 Documentary 1:3 Louisiana Day 2:00 Scenic Walk 2:30 Walk for ice cream	<ul> <li>10:00 Words in Words</li> <li>10:30 Village Church</li> <li>12:00 Documentary</li> <li>1:15 Bingo</li> <li>2:00 Water Color</li> <li>3:00 Table Games</li> </ul>			

### Parkview Vitality Calendar



# November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
0:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
2:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
:15 Outdoor Round Group	1:15 Veterans Party	1:15 Hangman	1:00Tamara English Art Class	1:15 One on Ones	1:15 White Board Games	1:15 Bingo
2:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:00Mocktails Social	2:00 Group Table Games	2:00 Gratitude Social	2:00 Water Color
:00 Crafts	3:00 Lawrence Music	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	3:30 Fancy Nails	3:00 Table Games
:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card games	4:00 Great women in History	4:00 Sorting Bins
5		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie
			5:00 Evening Movie			
17	18	19	20	21	22	23
:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
0:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
piritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
2:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
:15 Outdoor Round Group	1:15 One on Ones	1:15 Hangman	1:00Tamara English Art Class	1:15 Gingerbread cookie	1:15 White Board Games	1:15 Bingo
2:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:00Mocktails Social	2:00 Group Table Games	2:00 Table Tennis	2:00 Water Color
:00 Crafts	3:00 Bingo	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	2:30 Scenic Walk	3:00 Table Games
5:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	
24	25	26	27	28	29	30
:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
0:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
piritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
2:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
15 Outdoor Round Group	1:15 One on Ones	1:15 Give Thanks	1:00Tamara English Art Class	1:15 One on Ones	1:15 White Board Games	1:15 Bingo
:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:30 Mocktails Social	2:00 Flower Arrangment	2:00 Gratitude Social	2:00 Water Color
:00 Crafts	3:00 Bingo	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	2:30 Scenic Walk	3:00 Table Games
5:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	

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