



Meal Times

Breakfast Served
6:00-10:00 am

Lunch Served
at 11:30

Dinner Served
at 4:30

1640 Durum Dr,
Walla Walla, WA 99362
LIC#1640

Gratitude Month!

“When we focus on our gratitude, the tide of disappointment goes out, and the tide of love rushes in.” — Kristin Armstrong

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Look out for gratitude socials this month!

Activities are subject to change

Dimensions of Wellbeing

1

2

Emotional

9:30 Exercise

9:30 Exercise

10:00 Trivia

10:00 Words in Words

Spiritual

10:30 Brain Games

10:30 Village Church

12:00 Documentary

12:00 Documentary

Cognitive/Intellectual

1:15 White Board Games

1:15 Bingo

2:00 Scenic Walk

2:00 Water Color

Social

2:00 Table Tennis

3:00 Table Games

3:30 Fancy Nails

4:00 Sorting Bins

Physical

5:00 Evening Movie

5:00 Evening Movie

3

4

5

6

7

8

9

9:30 Exercise (CH)

9:30 Exercise

9:30 Exercise

9:30 Chair Zumba

9:30 Exercise

9:30 Exercise

9:30 Exercise

10:00 Hymn Sing-Along

10:00 Fancy Nails

10:00 Tidbit Tuesday

10:00 Reminisce roundtable

10:00 Joggin your Noggin

10:00 Trivia

10:00 Words in Words

Spiritual Eldercare (CH)

10:30 Price is Right

10:30 Finish The Phrase

10:30 Current Events

10:30 Chaplain Lloyd Visit

10:30 Brain Games

10:30 Village Church

12:00 Documentary

12:00 Documentary

12:00 Documentary

12:00 Documentary

12:00 Documentary

12:00 Documentary

12:00 Documentary

1:15 Outdoor Round Group

1:15 One on Ones

1:15 Hangman

1:15 Gratitude Social

1:15 One on Ones

1:3 Louisiana Day

1:15 Bingo

2:00 Hallway Sports

2:00 Donuts & Coffee

2:00 Group Table Games

1:30 Mocktails Social

2:00 Group Table Games

2:00 Scenic Walk

2:00 Water Color

3:00 Crafts

3:00 Bingo

3:00 Afternoon Crafts

2:00 Scenic Drive

3:00 Turn On the tunes!

2:30 Walk for ice cream

3:00 Table Games

5:00 Evening Movie

5:00 Evening Movie

3:30 Sorting Bins

2:10 Bingo

4:00 Card games

3:30 Fancy Nails

4:00 Sorting Bins

5:00 Evening Movie

3:30 Trivia

5:00 Evening Movie

4:00 Great men in History

5:00 Evening Movie

5:00 Evening Movie

5:00 Evening Movie

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
1:15 Outdoor Round Group	1:15 Veterans Party	1:15 Hangman	1:00 Tamara English Art Class	1:15 One on Ones	1:15 White Board Games	1:15 Bingo
2:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:00 Mocktails Social	2:00 Group Table Games	2:00 Gratitude Social	2:00 Water Color
3:00 Crafts	3:00 Lawrence Music	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	3:30 Fancy Nails	3:00 Table Games
5:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card games	4:00 Great women in History	4:00 Sorting Bins
		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	5:00 Evening Movie	5:00 Evening Movie
			5:00 Evening Movie			
17	18	19	20	21	22	23
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
1:15 Outdoor Round Group	1:15 One on Ones	1:15 Hangman	1:00 Tamara English Art Class	1:15 Gingerbread cookie	1:15 White Board Games	1:15 Bingo
2:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:00 Mocktails Social	2:00 Group Table Games	2:00 Table Tennis	2:00 Water Color
3:00 Crafts	3:00 Bingo	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	2:30 Scenic Walk	3:00 Table Games
5:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	
24	25	26	27	28	29	30
9:30 Exercise (CH)	9:30 Exercise	9:30 Exercise	9:30 Chair Zumba	9:30 Exercise	9:30 Exercise	9:30 Exercise
10:00 Hymn Sing-Along	10:00 Fancy Nails	10:00 Tidbit Tuesday	10:00 Reminisce roundtable	10:00 Joggin your Noggin	10:00 Trivia	10:00 Words in Words
Spiritual Eldercare (CH)	10:30 Price is Right	10:30 Finish The Phrase	10:30 Current Events	10:30 Chaplain Lloyd Visit	10:30 Brain Games	10:30 Village Church
12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary	12:00 Documentary
1:15 Outdoor Round Group	1:15 One on Ones	1:15 Give Thanks	1:00 Tamara English Art Class	1:15 One on Ones	1:15 White Board Games	1:15 Bingo
2:00 Hallway Sports	2:00 Donuts & Coffee	2:00 Group Table Games	1:30 Mocktails Social	2:00 Flower Arrangment	2:00 Gratitude Social	2:00 Water Color
3:00 Crafts	3:00 Bingo	3:00 Afternoon Crafts	2:00 Scenic Drive	3:00 Turn On the tunes!	2:30 Scenic Walk	3:00 Table Games
5:00 Evening Movie	5:00 Evening Movie	3:30 Sorting Bins	2:10 Bingo	4:00 Card Games	3:30 Fancy Nails	4:00 Sorting Bins
		5:00 Evening Movie	3:30 Trivia	5:00 Evening Movie	4:00 Great men in History	5:00 Evening Movie
			5:00 Evening Movie		5:00 Evening Movie	